

ADVANCING HEALTH:

ITUP Policymaker Workshop

March 11, 2025



**Welcome &
Thank You
for Joining
ITUP!**



**Crispin Delgado, MPP
ITUP's Executive Director**

This Event is Generously Sponsored by



Promise Health Plan

Who We Are

- Independent 501(c)(3) nonprofit health policy institute
- Nearly **30 years of expert analyses and facilitated convenings** of California health leaders around the state
- ITUP focuses on workable solutions to expand access and improve health care in California – **Our goal is to tell the story in accessible and easy to understand formats.**

Unique ITUP Assets



**Annual Policy
Conference**



**Health Policy
Publications**



**Regional Health Equity
Collaboratives**



Learning Forums

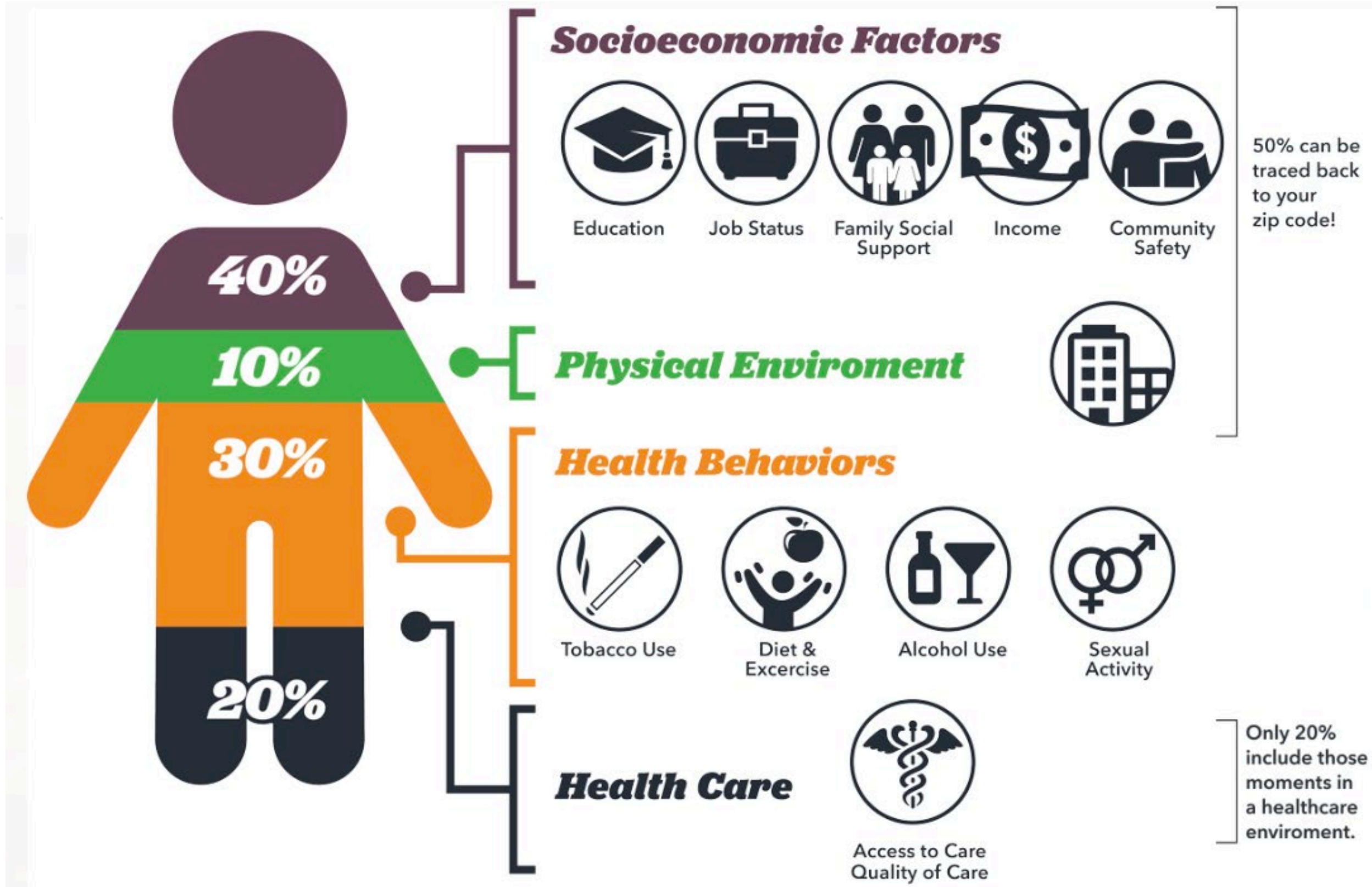


**Multi-stakeholder
Convener**

California's Health System Explained



What Makes up Health?



Source: Institute for Clinical Systems Improvement, Going Beyond Clinical Walls: Solving Complex Problems (October 2014)

Public Coverage

FIGURE 7. Medi-Cal Enrollment, June 2024



Medi-Cal

(California's Medicaid Program)

- Nearly 15 million Californians depend on Medi-Cal for free or low-cost health care services
- Medi-Cal population:
 - 1 in 2 children
 - 1 in 4 seniors and people with disabilities
- Eligibility based on income
- Managed care system and FFS

Medicare

- Federal program with state support for Californians aged 65 and older and certain younger individuals with disabilities.
- Coverage parts:
 - Part A – hospital insurance
 - Part B – medical insurance
 - Part C – Medicare Advantage (offered by private insurers)
 - Part D – prescription drug coverage
- Dual eligibles: Individuals who qualify for both Medicare and Medi-Cal; also known as Medi Medis.

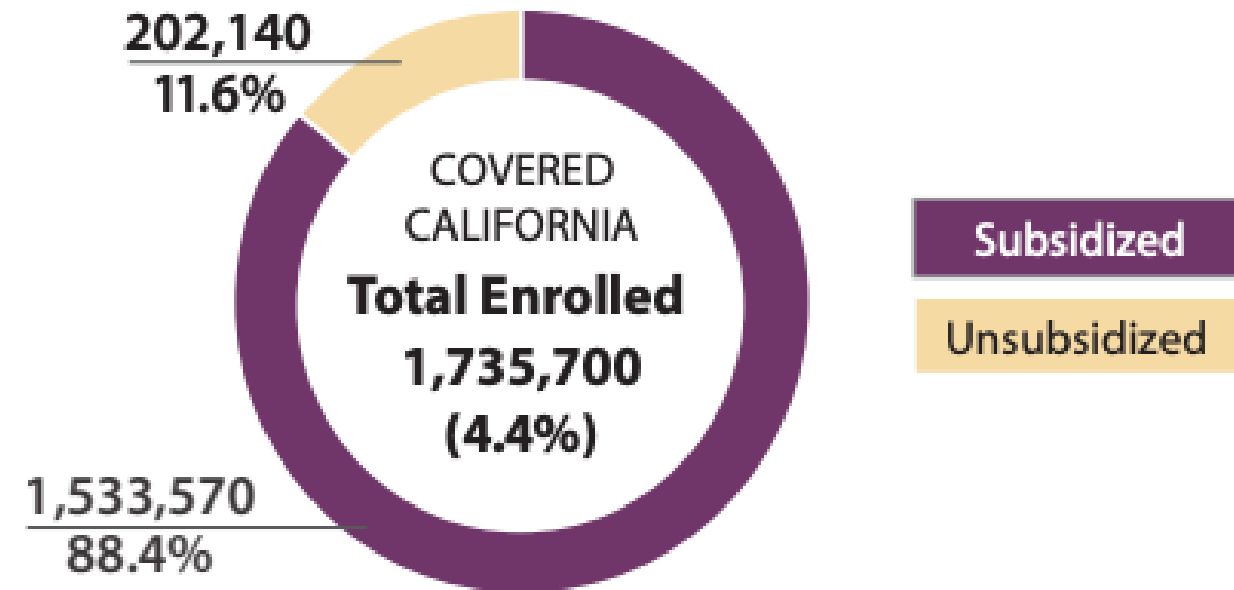
FIGURE 13. Medicare Enrollment and Percent of California Population, 2022^{4,10}

Total Medicare	5,922,937 (15.0%)
Medicare Advantage	3,188,104 (53.8%)
FFS Medicare	2,734,833 (46.2%)
Dual Eligible**	1,673,938 (28.3%)

**Dual Eligibles are those eligible for Medicare and Medi-Cal, also referred to as Medi Medis.

Private Coverage

FIGURE 3. Percent of California Population Enrolled in Covered California, March 2024³



Covered California (State Health Exchange)*

- State-run health insurance marketplace created ACA
- Allows individuals and families to compare, choose, and purchase health insurance plans
- Offers subsidies and tax credits to make insurance more affordable
- Open enrollment period and special enrollment for life events such as job loss, marriage, or birth of child.
- *Marketplace with both public and private options

Private & Employer-Sponsored Insurance

- Plan options include HMOs, PPOs, and EPOs
- Employer covers a portion of premiums.
- Regulated by State and Federal Laws including ACA requirements for essential health benefits, mental health parity, and protections for pre-existing conditions.
- 2022: employer-sponsored coverage accounted for 18.8M Californians

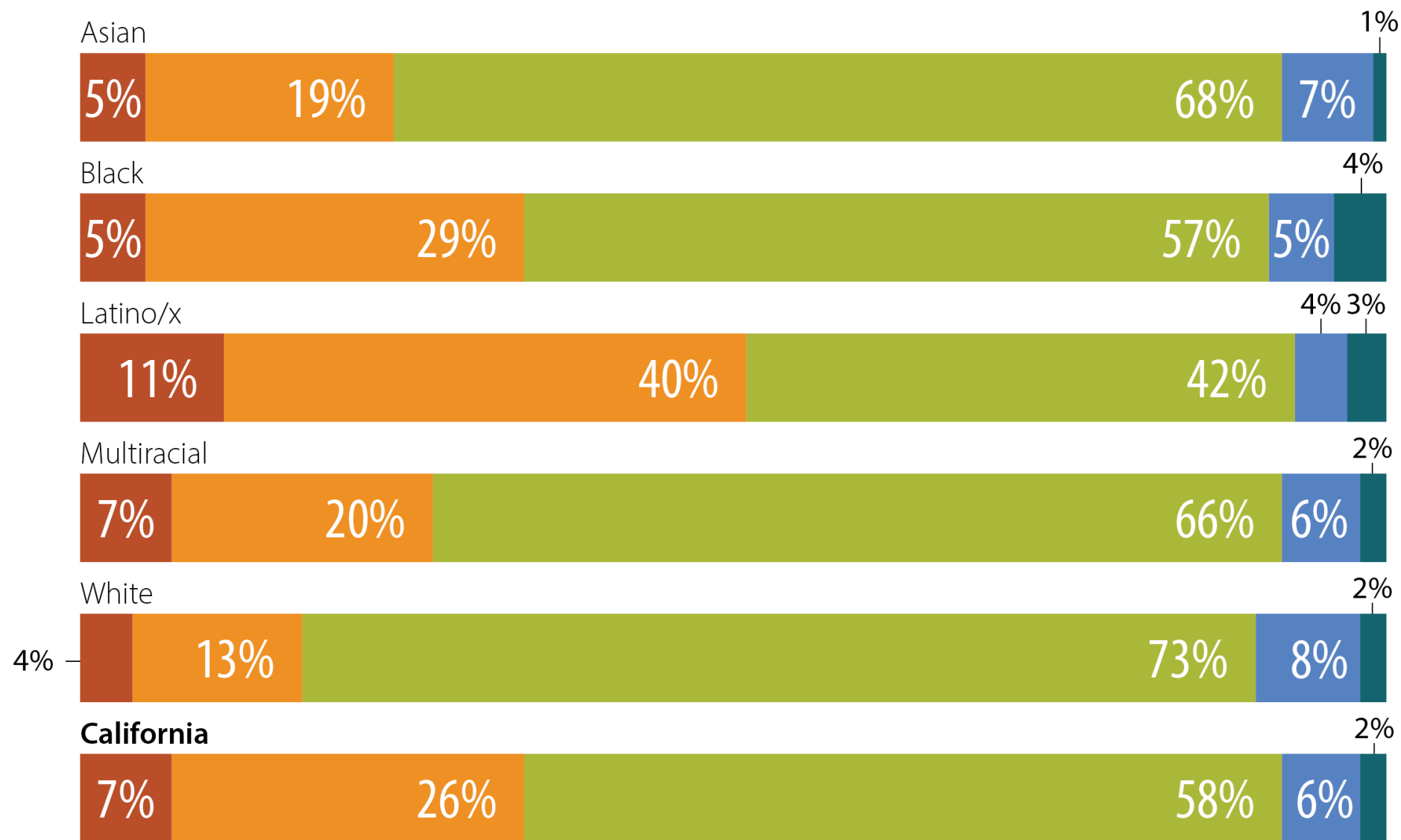
Employer-Sponsored Coverage



Health Insurance, by Race/Ethnicity

California, 2021

■ Uninsured
 ■ Medi-Cal
 ■ Employment-Based
 ■ Privately Purchased
 ■ Other Public



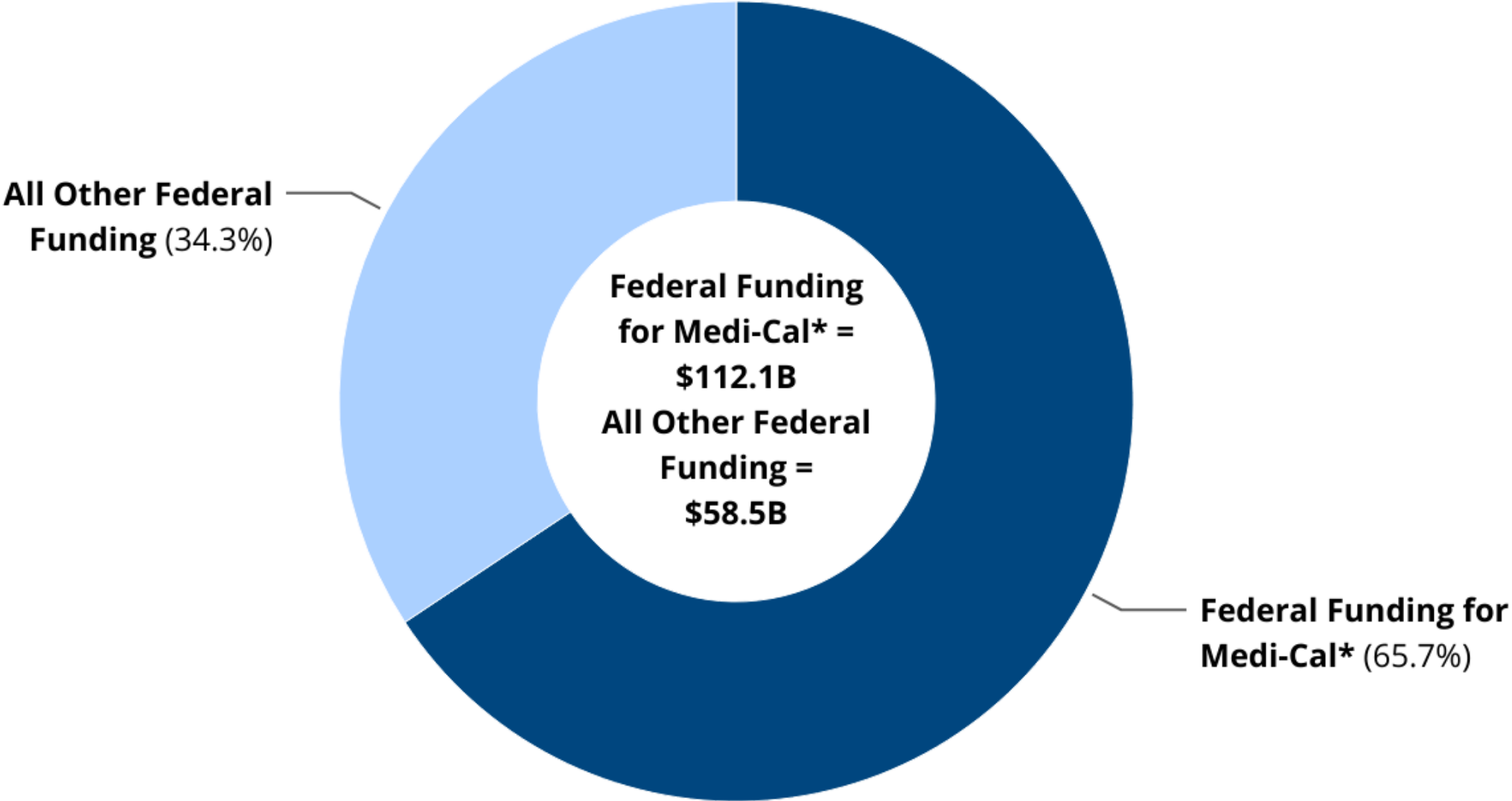
Notes: Includes age 0 to 64. Insurance status is self-reported. *Medi-Cal* may include those with restricted-scope benefits. *Other public* includes *Medicare only*, *Medicare & Medicaid*, *Medicare & Others*, and *Other Public*. Source uses *Black or African American*, *Latino*, and *Two or more races*. *American Indian and Alaska Native* and *Native Hawaiian and Pacific Islander* are not shown because the results were statistically unstable or not available due to small sample size. Figures may not sum due to rounding.

Source: "AskCHIS," UCLA Center for Health Policy Research, accessed August 21, 2023.

California's Insured

Medi-Cal Receives Nearly Two-Thirds of All Federal Funds That Flow Through California's State Budget

Governor's Estimate of Federal Funds That Will Flow Through the State Budget in 2025-26 = \$170.6 Billion

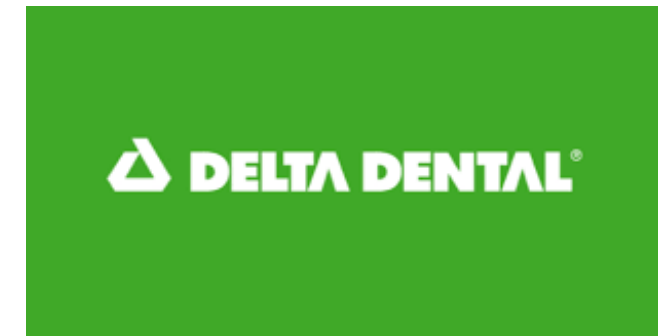


Federal & State Funding for Health Care

* Reflects federal funding for Medi-Cal benefits that is estimated to flow through the state Department of Health Care Services.

Source: Budget Center analysis of Department of Finance data

Key Stakeholders in CA Health Care System



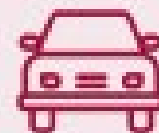
CA Health Workforce Challenges

Fast Facts »



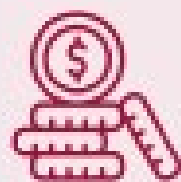
Approximately **2.7 million** Californians are impacted by maternity care deserts.²

2.53 million Californian women lack access to a birthing hospital within a 30-minute drive.²



Nearly **9.2%** of pregnant Californians receive insufficient prenatal care.²

California faces a shortage of **5,000** mental health practitioners by 2026.³



Approximately **40%** of births in California are funded by Medi-Cal and could benefit from doula support.⁴

In California, there are approximately **114,600** medical assistant vacancies annually.⁵



California faces an estimated shortage of **36,000** licensed nurses.⁶

By 2036, California is projected to have **26%** reduction in the number of registered nurses.⁷



In 2023, the median age of nurse practitioners in California was **52**, with over **22%** nearing retirement age.⁸

23 of the state's 58 counties have fewer than one psychiatrist per 10,000 residents.⁹



Physician Shortages: California is projected to face a shortage of approximately 2,580 physicians by 2028.

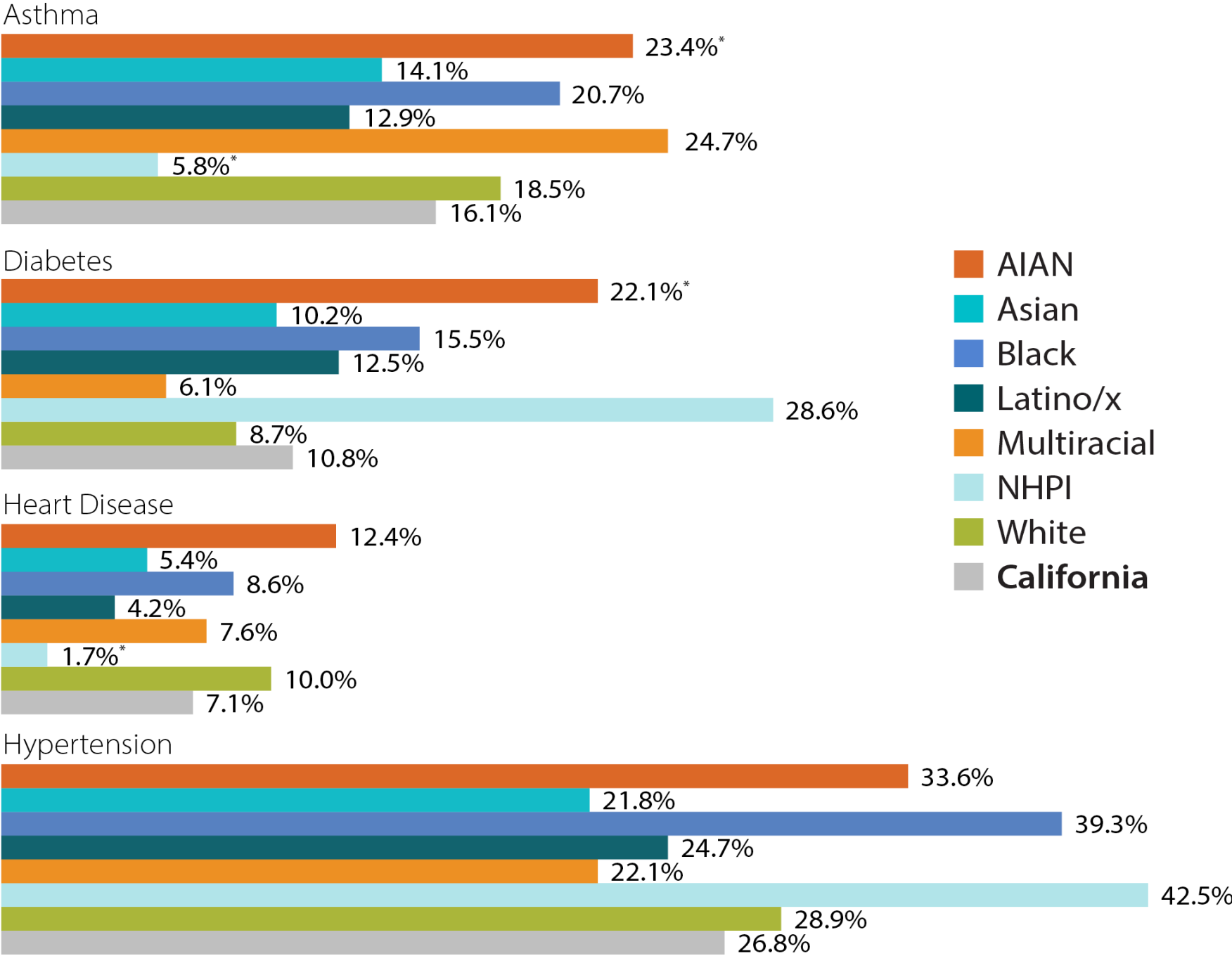
Nursing Workforce: While some projections suggest a national surplus of registered nurses by 2028, California may still experience shortages in specific regions and specialties, particularly among nurse assistants.

Aging Workforce: The care workforce in California is getting older. About two-thirds of direct care workers are over 40, and approximately 37% are over 55, indicating potential future shortages as these workers retire.

CA Health Disparities

Adults with Chronic Conditions, by Race/Ethnicity California, 2021

PERCENTAGE OF THOSE EVER DIAGNOSED



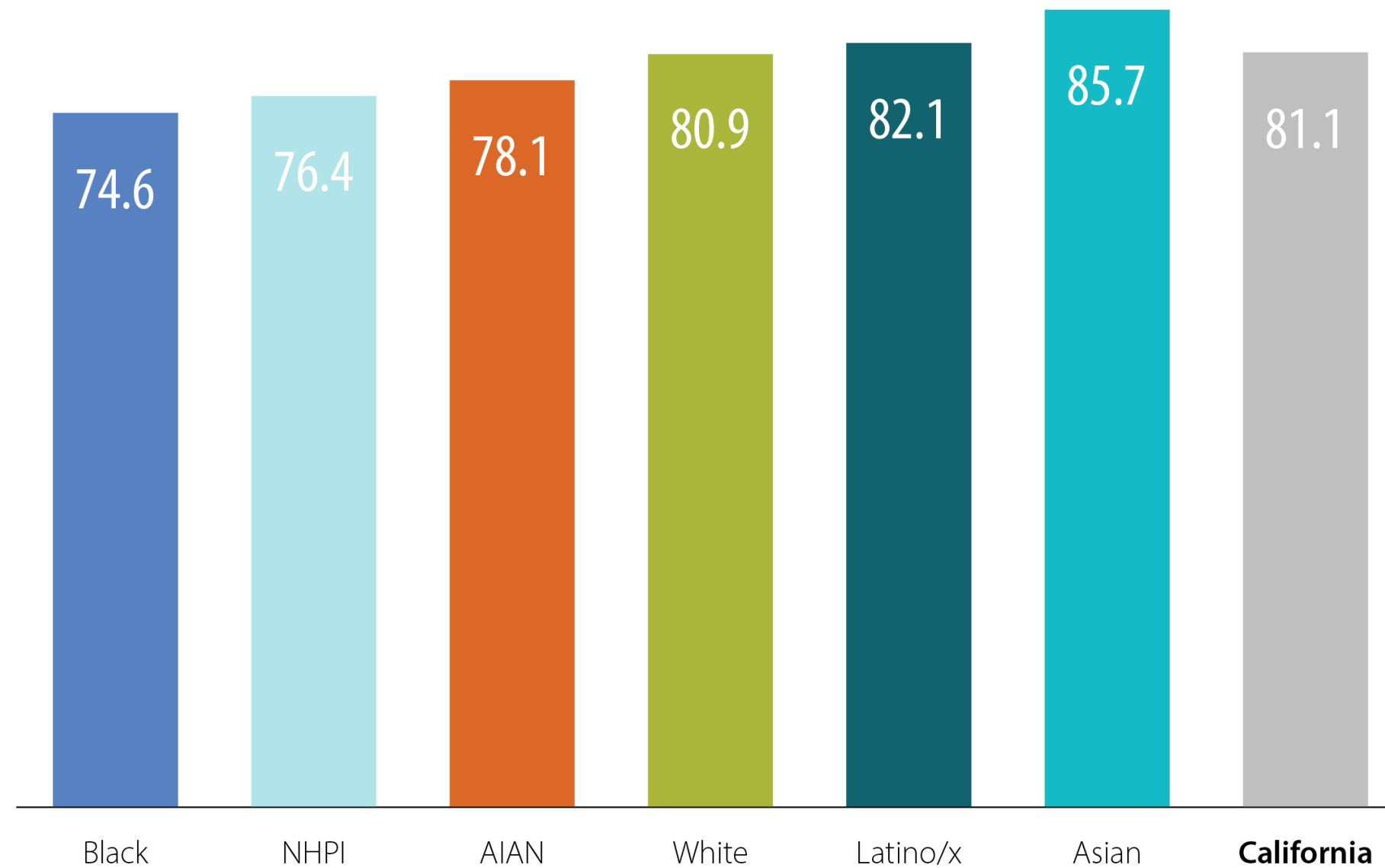
* Statistically unstable

Notes: Source uses *high blood pressure*. AIAN is American Indian and Alaska Native; NHPI is Native Hawaiian and Pacific Islander. Source uses *African American*, *Latino*, and *Two or more races*.

Source: "AskCHIS," UCLA Center for Health Policy Research, accessed July 20, 2023.

CA Health Disparities

Life Expectancy, by Race/Ethnicity California, 2022



Notes: AIAN is American Indian and Alaska Native; NHPI is Native Hawaiian and Pacific Islander. *Multiracial* is not shown because the result was unreliable. Source uses *Latino*.
Source: "California Community Burden of Disease Engine: Trend in Life Expectancy, California, 2000-2022," California Dept. of Public Health, accessed July 21, 2023.

Questions?

You may also email us at info@itup.org






We Appreciate your Feedback!



Take our short survey!

Stay up to Date with ITUP!



-  @ITUP
-  @InsuretheUninsuredProject
-  @InsuretheUninsuredProject
-  @InsuretheUninsuredProject
-  info@itup.org

Support Health Policy in California – Donate Today!



[WWW.ITUP.ORG](http://www.itup.org)